



OHIO ACEP END THE EPIDEMIC

The Ohio Chapter of the American College of Emergency Physicians (Ohio ACEP) promotes quality emergency medical care and represents the interests of Ohio's emergency physicians and their patients. The Ohio ACEP Opiate Awareness Team's mission is to combat Ohio's opiate and heroin epidemic through local, physician-led discussions at Ohio High Schools.

Our vision is to lead efforts against the epidemic of lives lost to drug abuse, addiction, and overdose.

As the physicians who fight daily to save opiate overdose victims, emergency medicine doctors' viewpoint makes them uniquely qualified to talk about the disease of addiction and the deadly consequences of overdose.

To date, the Ohio ACEP Opiate Awareness Team has visited 17 schools and organizations, reaching more than 7,000 students and parents.

HOW CAN I HELP END THE EPIDEMIC?

- ✗ Talk about it!** Visit starttalking.ohio.gov. Studies show that teens are up to 50% less likely to use drugs when a parent or trusted adult talks with them about drugs. Don't be afraid to discuss pills, heroin, and addiction because opiate "painkillers" are strong enough to kill.
- ✗ Consult a doctor!** Be in control of your family's medical care. Most severe pain can be managed with over-the-counter medications like acetaminophen (Tylenol) or ibuprofen (Advil and others) and ice. If a loved one must use an opiate, ask your doctor or dentist about low dosages and short-term prescriptions.
- ✗ Purge your medicine cabinet!** Most teens who abuse prescription pain medications say they got them from family and friends. Discard unused medications safely at Ohio Drug Take Back Days or visit rxdrugdropbox.org.

WHAT DRUGS ARE CONSIDERED OPIATES?

Hydromorphone (<i>Dilaudid, Exalgo</i>)	Meperidine (<i>Demerol</i>)	Morphine (<i>Astramorph, Avinza, Kadian, MS Contin, Ora-Morph SR</i>)
Hydrocodone (<i>Hysingla ER, Zohydro ER</i>)	Oxycodone (<i>OxyContin, Oxecta, Roxicodone</i>)	Oxycodone/acetaminophen (<i>Percocet, Endocet, Roxicet</i>)
Hydrocodone/acetaminophen (<i>Lorcet, Lortab, Norco, Vicodin</i>)	Fentanyl (<i>Actiq, Duragesic, Fentora</i>)	Oxycodone/naloxone (<i>Targiniq ER</i>)

Ohio ACEP Opiate Awareness Team

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- ✗ Every 2 hours and 11 minutes, someone in Ohio dies from a drug overdose; that's 11 people each day.
- ✗ Accidental drug overdoses have surpassed car accidents as the number one cause of injury-related deaths in the U.S., including Ohio.
- ✗ Recent research suggests that 1 out of 7 teens have misused prescription drugs in the past year.
- ✗ In 2016, accidental drug overdose killed at least 4,149 people in Ohio, the highest number on record. This is 1,100 more overdose fatalities than in 2015 – an increase of 36%.
- ✗ More than 80% of current heroin addicts say their first opiate was a prescription drug.
- ✗ Over the last decade, the number of Ohioans killed by opioid overdose has increased by 634%.
- ✗ More than 17,000 Ohioans have died from overdose since 2003.

NEED HELP?

Finding Treatment

Substance Abuse and Mental Health Services Administration

24/7 National Helpline: 1-800-662-HELP(4357)
samhsa.gov/find-help

Ohio's Information and Treatment Referral Line

1-877-275-6364, Monday-Friday, 8am-5pm

Ohio Mental Health and Addiction Services

Listed by County: mha.ohio.gov

Additional Resources

Families Against Narcotics: familiesagainstnarcotics.org

The Gap Network of Drug Free Action Alliance:
drugfreeactionalliance.org/the-gap-network

National Institute on Drug Abuse: drugabuse.gov

Start Talking Ohio: starttalking.ohio.gov

TAP: The Addict's Parents United:
theaddictsparentsunited.org

Ohio ACEP Opiate Awareness Team

If you're interested in bringing NIX Opiates to your school, district, or student organization, contact:

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